

**Please Note:** While most of the dates of this syllabus are correct, some of the classes will change with time.

- There is a calendar on my website under Program & Classes that has more specific information on dates and classes. It will also reflect any changes.
- Materia medica classes concentrate on specific medicinal plants where they are discussed in-depth
- **Green Headings** are class field trips
- Field Walks are trips around Ithaca to study plants and other aspects of the natural world
- There are no classes July 18-20 and September 19-21

## Northeast School of Botanical Medicine 2011 Syllabus

January 2011

<b>DATES</b>	<b>MONDAY 2:00-8:00</b>	<b>TUESDAY 10:30-4:30</b>	<b>WEDNESDAY 2:00-8:00</b>
May 16-18	Welcome & Introductions	Tools and Rules Plant Walk-Ringwood Preserve	Intro to Anatomy and Physiology
May 23-25	Constitutional/Clinical Evaluation-Ayurveda	Botany and Phylogeny I Field Walk	Constitutional/Clinical Evaluation-Ayurveda 2
May 30- June 1	First Aid I Overview and Basics	Botany and Phylogeny II Field Walk	Anatomy and Physiology Digestive System
June 6-8	<b>Guest Teacher</b>	Field Walk Six-Mile Creek	First Aid II-Digestion
June 13-15	First Aid III	Plant Identification Field Walk	First Aid IV
June 20-22	Botanical Preparations First Aid V	First Aid VI	First Aid VII
<b>June 29- July 7</b>	<b>Rainbow Gathering-Washington State</b>		
<b>July 8-12</b>	<b>Field trip-Somewhere around Rainbow Gathering</b>		
July 18-20	<b>No classes this week</b>		
July 25-27	Formulation	Field Walk	Nervous system I
August 1-2	Nervous system II	1/2 day class Nervous System III	Field Trip Adirondacks
<b>August 3- 10</b>	<b>Field Trip-Adirondacks (and Student Presentations)</b>		

August 15-17	Presentations Review Materia medica	Field Walk	Male Reproductive I Overview
August 22-24	Male Reproductive II Materia medica	<b>Guest Teacher</b>	<b>Guest Teacher</b>
August 29-31	<b>Guest Teacher</b>	<b>Guest Teacher</b>	Renal System I Overview
<b>Sept 4-11</b>	<b>Field Trip-Equinox Botanicals-S. Ohio</b>		
<b>Sept 12-14</b>	Materia medica	Renal System 2	Clinical Skills Formulation II
<b>Sept 19-21</b>	<b>No Classes this week</b>		
Sept 26-28	<b>Guest Teacher</b>	Field Walk	Respiratory I
Oct.3-5	Respiratory II	Field Walk	Cardiovascular I
Oct. 10-12	Cardiovascular II	Plant Identification Test	Materia Medica
Oct 17-19	Immune System I Overview and Innate	Field Walk	Immune System II Adaptive
<b>Sunday Oct 23</b>	<b>Student Presentations at the Ithaca Free Clinic (9-9)</b>		
Oct 24-26	Student Presentation Reviews	Field Walk	Immune System III Health Strategies
Oct 31-Nov 2	Headache Strategies	Election Day- Please Vote Field Walk	The Hepatic System
Nov. 7-9	Tooth and Gum Care	Field Walk	Materia Medica
Nov 14-16	Materia Medica	Field Walk	Materia medica Last day of class party